Ocean and waterway trash ranks as one of the most serious pollution problems choking our planet. Far more than an eyesore, a rising tide of marine debris threatens human health, wildlife, communities and economies around the world. The ocean faces many challenges, but trash should not be one of them. Ocean trash is entirely preventable, and data you collect are part of the solution. The International Coastal Cleanup is the world’s largest volunteer effort on behalf of ocean and waterway health.

**HERE IS HOW IT WORKS:**

1. **Clean Up Trash & Collect Data**
2. **Organize & Analyze Data**
3. **Publish Results**
4. **Inform Solutions & Reduce Our Impact**

**NAME:**

**EMAIL:**

**CLEANUP SITE DESCRIPTION**

**Type of Environment (choose one):**
- Saltwater (Ocean/Bay/Estuary)
- Freshwater (River/Stream/Lake)
- Inland (No Water Body Present)

**Mode of Data Collection (choose one):**
- Land (beach, shoreline or inland)
- Underwater
- Watercraft (powerboat, sailboat, kayak or canoe)

**SITE INFORMATION:**

Cleanup Site Name: __________

State or Province: __________

Country: __________

Zone or County: __________

Nearest Crossroad or Landmark: __________

**MOST UNUSUAL ITEM COLLECTED:** __________

**DATE OF CLEANUP:** __________

**NUMBER OF VOLUNTEERS WORKING ON THIS CARD:**

adults: __________

children (under 12): __________

---

**GO PAPERLESS!**

Collect and record your data on the free app on your mobile device. [Download from App Store or Google Play]

Please return this form to your area coordinator. If you are unable to do so, please mail or email it to:

**Ocean Conservancy**

Attn: International Coastal Cleanup

1300 19th Street, NW, 8th Floor, Washington, DC 20036

cleanup@oceanconservancy.org

**Trash Free Seas:** www.oceanconservancy.org/cleanup
**Be a Green Boater:** www.oceanconservancy.org/goodnate
**Sponsors:** www.oceanconservancy.org/cleanup/sponsors
**Clean Swell:** www.oceanconservancy.org/cleanswell

*Updated 2021*
# TRASH COLLECTED

**Citizen scientist:** Pick up all trash and record all items you find below. No matter how small the items, the data you collect are important for Trash Free Seas.

Please **DO NOT** use words or check marks. Only **numbers** are useful data.

### MOST LIKELY TO FIND ITEMS:

<table>
<thead>
<tr>
<th>Item</th>
<th>TOTAL #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plastic Bags</td>
<td></td>
</tr>
<tr>
<td>Grocery bags (plastic)</td>
<td></td>
</tr>
<tr>
<td>Other bags (plastic)</td>
<td></td>
</tr>
<tr>
<td>Beverage bottles (glass)</td>
<td></td>
</tr>
<tr>
<td>Beverage bottles (plastic)</td>
<td></td>
</tr>
<tr>
<td>Beverage cans</td>
<td></td>
</tr>
<tr>
<td>Beverage sachets/pouches</td>
<td></td>
</tr>
<tr>
<td>Bottle caps (metal)</td>
<td></td>
</tr>
<tr>
<td>Bottle caps (plastic)</td>
<td></td>
</tr>
<tr>
<td>Cigarette butts</td>
<td></td>
</tr>
<tr>
<td>Cups, plates (foam)</td>
<td></td>
</tr>
<tr>
<td>Cups, plates (paper)</td>
<td></td>
</tr>
<tr>
<td>Cups, plates (plastic)</td>
<td></td>
</tr>
<tr>
<td>Food containers (foam)</td>
<td></td>
</tr>
<tr>
<td>Food containers (plastic)</td>
<td></td>
</tr>
<tr>
<td>Food wrappers (candy, chips, etc.)</td>
<td></td>
</tr>
<tr>
<td>Lids (plastic)</td>
<td></td>
</tr>
<tr>
<td>Straws/stirrers (plastic)</td>
<td></td>
</tr>
<tr>
<td>Utensils (plastic)</td>
<td></td>
</tr>
</tbody>
</table>

### FISHING & BOATING:

<table>
<thead>
<tr>
<th>Item</th>
<th>TOTAL #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Line, nets, traps, rope, etc.</td>
<td></td>
</tr>
<tr>
<td>Foam dock pieces</td>
<td></td>
</tr>
</tbody>
</table>

### PACKAGING MATERIAL:

<table>
<thead>
<tr>
<th>Item</th>
<th>TOTAL #</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-pack holders</td>
<td></td>
</tr>
<tr>
<td>Foam packaging</td>
<td></td>
</tr>
<tr>
<td>Other plastic bottles (oil, bleach, etc.)</td>
<td></td>
</tr>
<tr>
<td>Strapping bands</td>
<td></td>
</tr>
</tbody>
</table>

### PERSONAL HYGIENE:

<table>
<thead>
<tr>
<th>Item</th>
<th>TOTAL #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Condoms</td>
<td></td>
</tr>
<tr>
<td>Cotton bud sticks (swabs)</td>
<td></td>
</tr>
<tr>
<td>Diapers</td>
<td></td>
</tr>
<tr>
<td>Gloves &amp; masks (PPE)</td>
<td></td>
</tr>
<tr>
<td>Syringes</td>
<td></td>
</tr>
<tr>
<td>Tamppons &amp; applicators</td>
<td></td>
</tr>
</tbody>
</table>

### OTHER ITEMS/DERIS:

<table>
<thead>
<tr>
<th>Item</th>
<th>TOTAL #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Balloons</td>
<td></td>
</tr>
<tr>
<td>Clothing</td>
<td></td>
</tr>
<tr>
<td>E-cigarettes</td>
<td></td>
</tr>
<tr>
<td>Electronic waste (phones, batteries)</td>
<td></td>
</tr>
<tr>
<td>Footwear (shoes/slippers)</td>
<td></td>
</tr>
<tr>
<td>Paper bags</td>
<td></td>
</tr>
<tr>
<td>Tobacco products (lighters, cigar tips, wrap)</td>
<td></td>
</tr>
<tr>
<td>Toys</td>
<td></td>
</tr>
<tr>
<td>Other plastic waste</td>
<td></td>
</tr>
<tr>
<td>Other waste (metal, paper, etc.)</td>
<td></td>
</tr>
</tbody>
</table>

### TINY TRASH LESS THAN 2.5CM

<table>
<thead>
<tr>
<th>Item</th>
<th>TOTAL #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plastic/foam pieces</td>
<td></td>
</tr>
</tbody>
</table>

### DEAD/INJURED ANIMAL

<table>
<thead>
<tr>
<th>Item</th>
<th>TOTAL #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type of animal</td>
<td></td>
</tr>
<tr>
<td>Status: dead/injured</td>
<td></td>
</tr>
<tr>
<td>Entangled: yes/no</td>
<td></td>
</tr>
<tr>
<td>Type of entanglement item</td>
<td></td>
</tr>
</tbody>
</table>

---

**CLEANUP SUMMARY** (circle units)

<table>
<thead>
<tr>
<th>Number of Trash Bags Filled:</th>
<th>Weight of Trash Collected:</th>
<th>lbs/kgs</th>
<th>Distance Cleaned:</th>
<th>miles/km</th>
<th>Area Cleaned:</th>
<th>miles²/km²</th>
</tr>
</thead>
</table>