In our *From Me to the Sea* elementary school program (K-5), students make connections between their schools, watersheds and marine debris through hands-on activities, shoreline exploration and action projects. The hands-on activities in each grade level of this program are age-appropriate and unique. Across all grade levels, we focus on teaching students about people’s connection to watersheds as it relates to marine debris, both positive and negative, and we emphasize engagement in age-appropriate actions that students can take to focus on positive solutions.

**Program Overview**

*Content varies by grade level. Please inquire for specifics on a particular grade level content.*

Lesson 1: Introduction to Watersheds and Marine Debris (*1 hour in the classroom, TWP-led*)
Field Trip: Shoreline Exploration
Lesson 2: Deeper dive into Marine Debris and Introduction to Action (*1 hour in the classroom, TWP-led*)
Optional Lesson 3: Action project to communicate about and prevent marine debris (*content provided by TWP, teacher-led*)

**Program Goals**

1. Students will learn about watersheds and how they are connected to their watershed.
2. Students will have a positive outdoor experience as they explore a shoreline close to their school or neighborhood.
3. Students will learn about how they can reduce plastic waste and will communicate what they have learned to others.

*More information on the next page*

*The Watershed Project’s mission is to inspire Bay Area communities to understand, appreciate, and protect our local watersheds.*

If you’re interested in bringing this program to your school, please contact us at: education@thewatershedproject.org

From Me to the Sea - Elementary School Program

Standards Connections

*From Me to the Sea* supports learning and engagement in the following Next Generation Science Standards:

- **Practices:** Asking questions (for science); Planning and carrying out investigations; Obtaining, evaluating, and communicating information
- **Performance Expectations:** ESS3 - Earth and Human Activity; ETS1-2 - Engineering Design; LS2 - Ecosystems: Interactions, Energy, and Dynamics; LS4 - Biological Evolution: Unity and Diversity

Field Trip Expectations

We understand that elementary schools are often interested in having all the students in a particular grade level participate in the same programming. This often means that three or four classes are participating in the same program, which is great!

However, for field trips it’s challenging for our small staff to provide a quality nature experience to students and teachers if three or four classes (more than 50-60 students) are attending the same field trip. Given this, we ask that no more than two classes attend a field trip on the same day. If we are scheduling this program with you and there are three or four classes participating, we will work with you and the other teachers at your school to schedule two days of field trips.

Field Trip Locations

| Point Pinole Regional Shoreline  
| Richmond |
| Shoreline access; easy hiking/walking trails; local history of the park; picnic tables, playground and bathrooms |

More field trip options coming soon!

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[www.thewatershedproject.org](http://www.thewatershedproject.org)  